

# Sprouts Program



## DAILY SCHEDULE (Subject to change)

7:00AM – 7:30AM	GREETINGS, WASH HANDS, MINDFULNESS & YOGA/PHYSICAL ACTIVITY
7:30AM – 8:15AM	MESSAGE BOARD; PLAN – WORK – CLEAN UP – RECALL
8:15AM – 9:30AM	RESTROOM & WASH HANDS, OUTDOOR PLAY AND MOVEMENT
9:30AM – 10:15AM	RESTROOM & WASH HANDS, SNACK TIME
10:15AM – 11:00AM	LARGE GROUP TIME, PARLONS FRANCAIS* / SIGN LANGUAGE**, RESTROOM & WASH HANDS
11:00AM – 12:00PM	SET TABLE, LUNCH; RESTROOM & WASH HANDS
12:00PM – 2:00PM	NAP TIME
2:00PM – 3:15PM	RESTROOM & WASH HANDS, OUTDOOR PLAY AND MOVEMENT
3:15PM – 4:00PM	RESTROOM & WASH HANDS, SNACK TIME
4:00PM – 4:45PM	RESTROOM & WASH HANDS, SMALL GROUP ACTIVITIES / / FUNCTIONAL SKILL-BUILDING***
4:45PM – 5:30PM	SENSORY ACTIVITES & RELAXING ART CHECKOUT & HIGHLIGHT REPORTING WITH PARENTS/GUARDIANS

OUTDOOR TIME IS WEATHER PERMITTING, DRINKING WATER IS AVAILABLE ALL DAY  
FUNCTIONAL SKILL-BUILDING\*\*\*: MON AND THURS SIGN LANGUAGE\*\* TUES AND THURS.  
PARLONS FRANCAIS\*: MON, WED, FRI